

## Playing Professional



Manish Goyal is a professional golfer with playing experience of over a decade on the PGTI and international tours such as the Asian Tour, ADT and Mena Golf Tour. Manish has been trained under the umbrella of some of the world's most respected coaches such as Claude Harmon 3 and Justin Parsons at the Butch Harmon Academy, Dubai. Alongside golf, Manish is an avid sportsman and a triathlete. He has successfully completed 2 Ironman competitions. He has been a pioneer on the PGTI in terms of coupling his golf with an athletic approach to his training. Manish is also a certified TPI fitness instructor (Titliest Performance Institute) and PEAK Certified Foresight GC Technologist. With his playing experience, he aims to bring forward a more wholesome approach to learning the game, looking into course management techniques, practical short game skills and working on the mental aspect of the game. Manish is also the co-founder of Hamoni Golf.

## MANISH GOYAL

### TPI GOLF FITNESS PROGRAMMES\*

TPI looks at major swing characteristics and multiple exercise protocols. It helps to quickly identify any physical limitations that may be causing a player's swing inefficiencies and master simple solutions to get them back on track.

Duration: 60 Minutes

#### ADULT INDIVIDUAL PROGRAMME

₹ 8,000

8 Lessons Package\*\*

Duration: 60 Minutes

#### JUNIOR^ INDIVIDUAL PROGRAMME

₹ 6,800

8 Lessons Package\*\*

### GOLF COACHING PROGRAMMES\*

Duration: 45 Minutes

#### ADULT INDIVIDUAL PROGRAMME

₹ 1,600

Single Lesson

₹ 8,400

6 Lessons Package\*\*

₹ 15,300

12 Lessons Package#

Duration: 30 Minutes

#### JUNIOR INDIVIDUAL PROGRAMME

₹ 1,200

Single Lesson

₹ 6,800

6 Lessons Package\*\*

₹ 11,900

12 Lessons Package#

Duration: 45 Minutes

#### ADULT INDIVIDUAL PROGRAMME

With GC Quad"

₹ 1,800

Single Lesson

₹ 9,600

6 Lessons Package\*\*

₹ 17,700

12 Lessons Package#

" Subject to availability.

\* Training session include necessary equipments. GST and applicable taxes are additional to prices listed above.

# 12 Lessons Package is valid for 60 days from the date of commencement.

\*\* 8 Lessons Package is valid for 30 days from the date of commencement.

^ Junior are ages 17 and below only.